

What Should My Child Bring to Preschool?

Starting preschool is an exciting time, and having the right things with your child can help them feel comfortable and ready for the day.

Please label **all items with your child's name**, including coats, shoes, bags and clothing.

Clothing

Please make sure your child comes dressed appropriately for the weather and for playing.

We recommend:

-  A warm coat during colder months
-  A waterproof coat for wet weather
-  A sun hat during warmer weather
-  Hat and gloves when needed
-  Comfortable clothing that is suitable for messy play
-  Spare clothes in case your child gets wet, muddy or has an accident

We encourage children to explore and get involved in activities, so please don't send them in clothes that you are worried about getting dirty!

Outdoor Clothing

We spend lots of time outdoors in all kinds of weather.

Please provide:

- A pair of **wellies** to keep at preschool
- Appropriate outdoor clothing
- A waterproof coat

Wellies can be kept at preschool so that your child is always prepared for outdoor play.

Bag

Please provide a suitable bag containing:

-  A complete change of clothes
-  Spare underwear, if appropriate
-  Spare socks
-  Nappies or pull-ups, if required

-  Any other essential personal items your child needs

Please check your child's bag regularly and replace any items that have been used.

Drinks

Please provide your child with a **named water bottle** each day.

Water bottles should be clearly labelled with your child's name.

Snack

Children should bring a **healthy snack of fruit or vegetables** for preschool.

Please do not send sweets, chocolate or other unhealthy snacks.

 **If providing grapes, please cut them lengthways into quarters** to reduce the risk of choking.

Please remember – we are a nut-free setting

Please do not send any food containing nuts or products that may contain nuts.

Lunch

If your child is staying for lunch, you can:

- Provide a packed lunch, or
- Choose a hot school meal where available.

Please speak to a member of the preschool team in the morning if your child would like a hot meal.

Comfort Items

If your child has a comforter that helps them settle, please speak to their key person about bringing it in.

We will work with you to help your child feel safe and settled at preschool.

Please Leave at Home

We ask that children do not bring toys or personal items from home unless this has been agreed with the preschool team.

This helps us to prevent belongings from being lost or damaged and encourages children to explore the activities and resources available at preschool.

Our Top Tips

Label everything!

Children's belongings can easily get mixed up, particularly coats, jumpers and wellies.

Keep a spare set of clothes at preschool.

Messy play, water play and outdoor activities can all lead to wet or muddy clothes!

Check the weather each morning.

We aim to enjoy outdoor learning throughout the year, so please make sure your child is dressed appropriately.

Don't worry if you forget something.

If you are unsure about what your child needs, please speak to a member of the preschool team and we will be happy to help.