



## Pendragon Community Primary School

### Long Term Planning – 2015-16: Physical Education

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS	Cross curricular learning. See foundation stage planning for Physical Education taught through their curriculum.					
1	Games - Fundamentals Unit 1 (Ball skills – hand and foot)	OAA - Orienteering	Games - Fundamentals Unit 2 (Running, Throwing, Catching)	Games - Fundamentals Unit 2 (Running, Throwing, Catching)	Games - Revisit Fundamentals 1 – focus on team games.	Games - Revisit Fundamentals 2 – focus on team games.
	Gymnastics – Jumping Jacks (Jumping Actions)	Dance – Moving Words	Dance - Weather (Poetry)	Gymnastics – Rock and Roll (Rocking and Rolling actions)	Athletics activities linked to Sports Day	Athletics activities linked to Sports Day
2	Games – Fundamentals Unit 1 (Running, Throwing, Catching, Dribbling)	OAA – Trails, Trust and Teamwork	Games – Fundamentals Unit 2 (Running, Throwing, Catching, Dribbling)	Games – Fundamentals Unit 2 (Running, Throwing, Catching, Dribbling)	Games - Revisit Fundamentals 1 – focus on team games.	Games - Revisit Fundamentals 2 – focus on team games.
	Gymnastics – Points of contact (Movement / Balance)	Dance – Magical Friendships (Penguins)	Gymnastics – Ball, Tall and Wall	Dance – Great Fire of London	Athletics activities linked to Sports Day	Athletics activities linked to Sports Day
3/4	Gym- Patterns and pathways Ball handling	OAA- Team work skills Year 3- Ball handling Year 4- swimming	Dance- adapted from scheme part 1 (solar system) to Topic. OAA- orienteering	Gym- hand apparatus Fundamentals of movement (with a focus on racket skills/Tennis)	Athletics Dance part 2 Machines	Striking and fielding Multi skills & Sports festivals

5	Gymnastics	Dance Styles	Gymnastics	Dance	Bat and field	Net and ball
	Ball in the hand Rugby Y6	Ball on the floor Football	Ball in the hand	Net and ball	Athletics	Orienteering.
6	Ball in the hand Rugby	Ball on the floor Hockey	Gymnastics-group work	Tennis	Athletics-decathlon	OAA
	Gymnastics- Body Symmetry	Dance Anti-bullying	Ball in the hand-netball	Dance- Football	Dance-linked to performance	Striking and fielding

### **PE Provision**

In addition to PE in lessons, the school participates in a number of sporting festivals and competitive sporting activities including the County Cross country championships, Tag rugby tournament, football fixtures, High 5 netball league, Kwick cricket tournament and tennis competitions. In addition Papworth tennis club offer coaching to the school throughout the year at their tennis courts.

The children also benefit from a lunchtime football coach. After school sporting clubs include football, rugby, cross country and netball.

All children take part in our annual sports days. Foundation and Keystage 1 complete competitive carousel activities while Keystage 2 have a traditional sports day. All points are added to the award of the School Sports day cup.