

Physical Education Subject Policy

Purpose and aims

Page 198 of the National Curriculum 2014 sets out the 'Purpose of study' and the following aims relating to Primary Physical Education.

The national curriculum for Physical Education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Through the teaching of Physical Education we also endeavour to meet the aims of the school, as set out at the beginning of our School Brochure.

Subject content, organisation and planning

- The National Curriculum 2014 sets out the core content to be delivered through the teaching of PE. However, as explained in section 2 of the National Curriculum, this forms just one part of the wider School Curriculum. Individual schools are *"free to include other subjects or topics of their choice in planning and designing their own programme of education."*
- Pendragon Primary School's Long Term Curriculum Plan gives an overview of Physical Education coverage from Years 1 to 6. Teachers use this as the basis for medium and short term planning.
- See *Early Years policy* for Physical Education provision for this age group.
- We endeavour to ensure learning in Physical Education is an engaging, creative and meaningful experience for all children. Links are made between it and other subjects, and enrichment activities, such as intra-school and inter-school matches and events are regularly planned.
- Physical Education promotes learning across the curriculum in a number of areas with direct links to the PSHCE and science curriculum. The teaching of Physical Education offers opportunities to support the social development of our children through the way we expect them to work with each other in lessons. Groupings allow children to work together and give them a chance to discuss their ideas and evaluate their performance. Physical Education lessons in general enable children to develop a respect for other children's levels of ability and encourage them to co-operate with and respect each other. The Physical Education curriculum also allows children to explore the benefit of a healthy lifestyle and how exercise in particular can enhance this.
- Two sessions, lasting one hour each, are timetabled each week for every class. Each child will take part in swimming lessons during Year 4. Alongside this, every child is involved in an intra-house competition within their unit at the end of each term, this is celebrated in Friday award assembly's at the end of each half term and displayed on the PE board. This initiative allows children to participate in friendly competition and places value on their contribution to their house team. In addition to this, the school provides a range of PE-related activities including football, netball, cross country, dance, fielding games, tag rugby and change for life at the end of the school day. These encourage

children to further develop their skills outside of the curriculum. The school sends details of club provisions regularly so children and parents are aware of the PE-related activities that they can access. The school also competes in regular fixtures against other local schools and participates in intra-school tournaments and leagues such as netball and football. This introduces a competitive element to Physical Education Policy team games, allowing children to put skills they have developed in lessons and clubs into practice.

Equal opportunities and Inclusion

- See Pendragon Primary's Equality statement in our school brochure
- Through our PE teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs, this may be done by differentiation of activities and/or resources and also through adult support, where needed.

Assessment, Record keeping and reporting

- See Pendragon Primary's assessment policy.
- During Physical Education sessions, children are assessed through observation, discussion and adult/peer/self-evaluation. The children's progress is then recorded on an assessment grid at the end of each unit.

Monitoring and evaluation

- The Physical Education Subject leader, under supervision of the Governors, Headteacher and senior leadership team are responsible for ongoing monitoring and evaluation in order to ensure high standards and improved outcomes across the subject.
- A Physical Education Action Plan is shared and reviewed annually.