Tick Sheet: Spring Summer Week 3 

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Recipe DescriptionContains **X** May Contains **O** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mac N Cheese |  |  |  |  |  |  | X | X |  |  |  |  |  |  |
| GF/DF Mac N Cheese |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Garlic Bread |  |  |  |  |  |  |  | X | X |  |  |  |  |  |
| GF/DF Garlic Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Bean Burrito |  |  |  |  |  |  |  | X |  |  |  | X |  |  |
| Orange Muffin |  | X |  |  |  |  | X | X |  |  |  |  |  |  |
| Pork and Apple Burgers |  |  |  |  |  |  |  | X |  |  |  |  |  | X |
| Bun  |  |  |  |  |  |  |  | X |  | O |  |  |  |  |
| Vegetable Burger |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Victoria Sponge |  | X |  |  |  |  | X | X |  |  |  |  |  |  |
| Roast Chicken |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Toad in the Hole |  |  |  |  |  |  |  | X |  |  |  |  |  |  |
| Gravy  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire pudding |  | X |  |  |  |  | X | X |  |  |  |  |  |  |
| GF/DF Yorkshire pudding |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Peach melba Crumble  |  |  |  |  |  |  |  | X |  |  |  |  |  |  |
| Ice-Cream |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Beef Bolognaise |  |  |  |  |  |  |  |  |  |  | X |  |  |  |
| Penne Pasta |  |  |  |  |  |  |  | X |  |  |  |  |  |  |
| GF Pasta |  |  |  |  |  |  |  |  | X |  |  |  |  |  |
| Italian Tomato Sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread |  |  |  |  |  |  |  | X | X |  |  |  |  |  |
| DF/GF Garlic Bread |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Sponge  |  | X |  |  |  |  |  | X |  |  |  |  |  |  |
| Ice Cream |  |  |  |  |  |  | X |  |  |  |  |  |  |  |
| Salmon and Sweet potato Fishcakes |  |  |  |  |  | X |  | X |  |  |  |  |  |  |
| Quorn Fried Vegan Nuggets |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| GF Fishcakes |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| Pips organic |  |  |  |  |  |  |  |  |  |  |  |  |  |  |