

# Early Intervention Family Worker Parent Survival Newsletter 13<sup>th</sup> December 2021

**Early intervention Family Workers** support parents with challenging or worrying behaviour, tantrums, meltdowns, anxiety, self-esteem, bedtime problems, sibling rivalry etc. Support is currently available virtually or by phone.

**Your schools EIFW is Jane Rogers**  
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## Activity Idea



Use old workbooks, magazines, plain paper to create some snowflakes.

Decorate your house and create your own winter wonderland.

[Fun Paper Snowflake Craft #Shorts - Bing video](#)

Using scissors helps to strengthen hand muscles which are important in everyday activities such as drawing, writing, using cutlery, brushing teeth and getting dressed.

## Parenting Top Tip

[Online safety](#) | [Barnardo's \(barnardos.org.uk\)](https://www.barnardos.org.uk)

1. Show interest in your child's Digital life
2. Discuss what healthy and unhealthy online behaviour looks like
3. Encourage your child to use age-appropriate sites
4. Enable your child to have digital access in the same room as you
5. Discuss how information might be shared online
6. Agree privacy settings
7. Encourage your child to talk to someone if they view something online that has worried / upset them or doesn't feel right.

## Another Resource

Parents' guide to setting up parental controls on devices

[Use Parental Controls to Keep Your Child Safe | NSPCC](#)

**Does** your child have, or potentially have, an additional need or disability? Pinpoint ([www.pinpoint-cambs.org.uk](http://www.pinpoint-cambs.org.uk)) have lots of information, advice and tips. For Cambridgeshire's Local Offer go to [www.cambridgeshire.gov.uk/residents/children-and-families/local-offer](http://www.cambridgeshire.gov.uk/residents/children-and-families/local-offer)



Cambridgeshire  
County Council